



PARKS & RECREATION FALL GUIDE 2016

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FALL SOCCER & FLAG FOOTBALL LEAGUES

Fall Co-Rec Soccer League

\$60 resident, \$70 non-resident

\$20 late fee after Friday, July 29

16FYSL00 Ages 4-6 (Mini Mites)
16FYSL01 Grades 1-2 (Mites)
16FYSL02 Grades 3-4 (Squirts)
16FYSL03 Grades 5-6 (Pee Wees)

Fall Flag Football Leagues

\$80 resident, \$90 non-resident

\$20 late fee after Friday, July 29

16FYFF00 Kindergarten
16FYFF01 Grades 1-2
16FYFF02 Grades 3-4
16FYFF03 Grades 5-6

The Fall Soccer and Flag Football deadline was July 29. If you would like to still register, please contact the Recreation Programmer Aaron Thelen to inquire about availability at 651-792-7848. Friend requests may not be able to be honored.

Volunteer coaches are needed for soccer and flag football. We are unable to provide coaches. COACHES WAIVER: If you sign up to be a head coach, your child's registration fee will be waived (one child per team coached).

Fall Co-Rec Soccer League Participants will receive an Arden Hills Parks and Recreation T-shirt with a paid registration fee.

NFL Flag Football League Participants will receive a NFL Team reversible jersey with a paid registration fee.



BOWLING CAMP

This camp is designed for beginning bowlers. Kids will learn bowling basics. They will also visit Bowlopolis, an animated city all about bowling, where they'll meet the characters and learn that bowling is fun! Participants will receive lunch each day of camp. Lunch will be served 30 minutes prior to camp ending. Transportation not provided.

16WYFB00
Ages 5 to 10 ♦ \$40 per participant
Registration Deadline: Monday, December 19
Monday/Wednesday 10:00-11:30 am
December 26 & 28
Flaherty's Arden Bowl
1273 West County Road E
Arden Hills, MN 55112



THANK YOU SPONSORS!

The City of Arden Hills Parks and Recreation Department would like to give a big Thank You to our sponsors!

Roberts Management Group provided the Arden Hills Foundation with a generous donation to use for our Family Fun Run and our annual Bark and Rec Day. Without this partnership the City of Arden Hills Parks & Recreation Department would not be able to plan such fun & exciting special events for the community. We look forward to a continued partnership with Roberts Management Group in the future.

Johanna Shores provided the Arden Hills Foundation with a generous donation to use for a new basketball system to be installed at Hazelnut Park. The new and improved basketball system was installed this summer. The basketball court at Hazelnut Park gets used frequently and with the partnership with Johanna Shores we were able to make the necessary improvements. We are so happy to have Johanna Shores as part of the City of Arden Hills community and look forward to working with them in the future!

Roberts
Management
Group

Thank You!!!

presbyterian
homes & services

Johanna Shores

SPORT SKILLS CLASSES

Hoops and Hotshots

Learn the fundamentals of dribbling, passing, shooting and team play in this basic basketball course.

Grades K-5 ♦ \$45 resident, \$55 non-resident

Registration Deadline: Thursday, October 6

SESSION I: 16FYHB00

Grades K-1

Tuesdays ♦ 6:00-7:00 pm

October 11-November 15

(No Class 11/8)

Valentine Hills Elementary - Gym

SESSION II: 16FYHB01

Grades 2-5

Tuesdays ♦ 7:05-8:05 pm

October 11-November 15

(No Class 11/8)

Valentine Hills Elementary - Gym



Sports Sampler Class

Join us for a fun, basic introduction to basketball, soccer, floor hockey and much more! Through games and activities, participants will learn the skills of dribbling, passing, shooting and teamwork. Classes will be held outside at Cummings Park.

Ages 4-6 ♦ \$40 resident, \$50 non-resident

16FYPB00

Registration Deadline: Wednesday, September 14

Mondays/Wednesdays ♦ 5:45-6:45 pm

September 19-October 5

Cummings Park



BEFORE SCHOOL CLASSES

Soccer

Get a kick out of fall! Work on the fundamentals of soccer in a supportive, fun setting. Good sportsmanship is emphasized. When weather permits, class will be held outdoors.

Grades 1-3 ♦ \$45

SESSION I: 16FYSS00

Registration Deadline: Friday, September 30

Wednesdays ♦ 8:05-9:05 am

October 12-November 9

Valentine Hills Elementary - Gym



Basketball

Gear up for the basketball season with this fall before school class. Work on the fundamentals of basketball in a supportive, fun setting. Get ready for the school day with a little fun and exercise!

Grades 1-3 ♦ \$45

SESSION I: 16FYBB00

Registration Deadline: Wednesday, September 28

Mondays ♦ 8:05-9:05 am

October 3-November 7

Valentine Hills Elementary - Gym

Olympic Sports

While watching the Olympics this summer were you imagining yourself participating in the events? Well imagine no more and come try your skills and learn new events in our Olympic Sports Class! Students will participate in different individual and team events throughout this exciting new class.

Grades 3-5 ♦ \$45

SESSION I: 16FYOS00

Registration Deadline: Thursday, September 22

Tuesdays ♦ 8:05-9:05 am

October 4-November 1

Valentine Hills Elementary - Gym



Youth Ninja warrior

Have you heard of American Ninja Warrior? Well, this is the new and exciting Ninja Warrior class that is coming to Valentine Hills Elementary. Test your skills and abilities while going through obstacles, around and over other various objects. You won't want to miss this class!

Grades 3-5 ♦ \$45

BEFORE SCHOOL

16FYNW00

Registration Deadline: Friday, September 30

Thursdays ♦ 8:05-9:05 am

October 6-November 17 (No Class 10/20)

Valentine Hills Elementary - Gym

AFTER SCHOOL PROGRAMS

All Island Lake Sports classes are offered in cooperation with Shoreview Parks & Recreation

Soccer

Get a kick out of fall! Work on the fundamentals of soccer in a supportive, fun setting. Good sportsmanship is emphasized. When weather permits, class will be held outdoors.

Grades 1-3 ♦ \$45

AFTER SCHOOL

SESSION II: 16FYSS01

Registration Deadline: Friday, September 23

Wednesdays ♦ 3:30-4:30 pm

September 28-November 2

Island Lake Elementary - West Gym



Football

Huddle up, Football is here! Kids will learn basic rules, strategies and skills to enjoy the game. Each week kids will participate in warm up exercises, drills and 2 hand touch or flag football games. Focus is on the fundamentals of the game, maintaining good sportsmanship and having fun! No equipment needed.

Grades 1-3♦ \$45

16FYSG00

Registration Deadline: Thursday, September 22

Tuesdays ♦ 4:40-5:40 pm

September 27-November 1

Island Lake Elementary - West Gym



Oly

While watching the Olympics this summer were you imagining yourself participating in the events? Well imagine no more and come try your skills and learn new events in our Olympic Sports Class! Students will participate in different individual and team events throughout this exciting new class.

Grades 1-3 ♦ \$45

SESSION II: 16FYSG00

Registration Deadline: Monday, September 26

Thursdays ♦ 3:30-4:30 pm

September 29-November 10 (No Class on 10/20)

Island Lake Elementary - West Gym

Basketball

Gear up for the basketball season with this fall class. Work on the fundamentals of basketball in a supportive, fun setting. Good sportsmanship is emphasized.

Grades 1-3 ♦ \$45

AFTER SCHOOL

SESSION II: 16FYBB01

Registration Deadline: Thursday, September 22

Tuesdays ♦ 3:30-4:30 pm

September 27-November 1

Island Lake Elementary - West Gym

Wrestling League

Youth of all shapes and sizes are welcome. Participants will learn basic moves, techniques & the best form of self defense there is, along with self-confidence. Please bring a water bottle to each class. Each team will practice after school one day per week and participate in a tournament on Saturday, November 5, at Mounds View High School. **A flyer will be handed out with tournament information.** A t-shirt will be given to all participants. The Mounds View HS head wrestling Coach, Dan Engebretson, will run the league. Any league questions please contact Dan at 763-862-6607.

Grades 1-5 ♦ \$45

***Tournament held Saturday, November 5, at Mounds View High School**

Kindergarten Session \$30 16FYWR00

Registration Deadline: Tuesday, October 18

Tuesdays / Wednesdays ♦ 6:00-7:00 pm

October 25-November 2

Mounds View High School Wrestling Room

SESSION I: 16FYWR01

Registration Deadline: Monday, September 21

Mondays ♦ 3:30-4:30 pm

September 26-October 31

Island Lake Elementary School - West Gym

SESSION II: 16FYWR02

Registration Deadline: Wednesday, September 19

Wednesdays ♦ 4:05-5:05 pm

September 28-November 2

Valentine Hills Elementary - Gym



SPECIAL EVENTS



Boo Bash

What could be more fun and a little spooky than winning prizes at a carnival, playing Ghost Bingo, creating Halloween crafts, carving/decorating your own pumpkin and a pizza dinner. Join us at Arden Hills City Hall for a wonderful evening of family fun!

Ages 3-12 ♦ \$10.00 per person (child or adult)

Children must be accompanied by a paid adult.
PRE-REGISTRATION IS REQUIRED.

16FYHE00

Registration Deadline:

Wednesday, October 19

Saturday, October 22 ♦ 5:30-7:00 pm
Arden Hills City Hall



DANCE PROGRAMS

Hop N Tots Creative Dance with Tap

Here's a class for kids with energy to spare! Have fun with rhythm and movement while exercising your body. Students will be introduced to basic beginning tap and ballet technique. **Tap and ballet shoes are required and will be available for purchase the first week of class, if needed (\$20 tap, \$16 ballet).**

Ages 3-4 ♦ \$70 Resident, \$80 Non-Resident

16FYDA00

Registration Deadline: Tuesday, September 6

Tuesdays ♦ 5:30-6:15 pm

September 13-December 6

(no class on 11/22)

Arden Hills City Hall - Community Room

Creative Dance with Tap

This isn't your ordinary dance class! We use scarves, pom poms, and rhythm instruments to explore and experience dance. We will introduce beginning tap throughout this session. **Tap and ballet shoes are required and will be available for purchase the first week of class, if needed (\$20 tap, \$16 ballet).**

Ages 5-Kindergarten ♦ \$70 Resident, \$80 Non-Resident

16FYDA01

Registration Deadline: Tuesday, September 6

Tuesdays ♦ 6:15-7:00 pm

September 13-December 6

(no class on 11/22)

Arden Hills City Hall - Community Room

Tap, Jazz, and Ballet

Learn the basics of tap, jazz, and ballet in a fun, relaxed environment. **Tap and ballet shoes are required and will be available for purchase the first week of class, if needed (\$20 tap, \$16 ballet).**

Grades 1-3 ♦ \$70 Resident, \$80 Non-Resident

16FYDA02

Registration Deadline: Tuesday, September 6

Tuesdays ♦ 7:00-7:45 pm

September 13-December 6

(no class on 11/22)

Arden Hills City Hall - Community Room



Arden Hills classes will end with a small recital on 12/6 at the **Valentine Hills Elementary School gym**. A second dance session will be offered beginning in January, and conclude with an end of the season recital.

VOLLEYBALL LEAGUE

Winter Girls Volleyball League

Recreational league play for girls grades 4-8. This instructional league will teach girls the basic skills, rules, and strategies of the fun and exciting game of volleyball. Program consists of one practice and one game each week. Games and practices will last for one hour. Game and practice times will vary each week. Tuesdays will be between 5:30-8:30 pm and Saturdays between 9:00 am-2:00 pm. Players will receive a t-shirt. *This league is run in cooperation with Shoreview & Mounds View Parks and Recreation.*

Grades 4-8 ♦ \$65 resident, \$75 non-resident

Registration Deadline: Thursday, December 1, \$20 late fee after deadline. Registrations submitted after the December 1 deadline will be subject to availability and no special friend requests are accepted after the deadline.

Volunteer coaches are needed for the Girls Volleyball League. If you sign up to be a coach, your child's registration fee will be waived (one child per team coached). Please complete the box on the registration form if you are interested in coaching.

- You may request to be on a team with a friend, but that friend must request you as well. One special request per player, no chain requests will be allowed. All teammate requests must be submitted by December 1. There is no guarantee that special friend requests can be honored.
- No requests, roster changes, or refunds will be honored after the December 1 deadline.
- A volunteer coach will contact you with the time of your first practice in late December after the coaches meeting. A detailed schedule for the whole season will be given out at the first practice.
- Every attempt is made to organize teams by schools or neighborhoods.

LEAGUES

Tuesday evenings and Saturday mornings
January 3-March 11
Turtle Lake Elementary
Setters, Grades 4-5
Spikers, Grades 6-8

16WYVL00
16WYVL01

COACHES MEETING

Tuesday, December 20
6:30-7:30 pm

Shoreview Community Center
Island Lake Room



SPECIAL RECOGNITION

Parks and Recreation would like to express our sincere thanks to the many individuals who have volunteered countless hours of their time. Many programs and special events would have been difficult to provide if it were not for the volunteer efforts of so many great people. Thank you! Listed are our many 2016 volunteer coaches. Thank you for your hard work and dedication! If we have neglected to list anyone's name, please accept our apologies and our sincere thanks.

Aaron Grenz
Adam Schmidt
Alecia Miller
Brian Holmes
Bryan Milbert
Chris Ashbach
Chris Litecky
Chris Nelson
Colleen Moore

Dan Alstatt
Dan Ayd
David Nguyen
Eric Wilmeth
Erik Johnson
Greg Chamberlin
Jamie Hanford
Jason Elliott
Jason Muhlstein

Jay Hudson
Jeff Draack
Jeff Eggert
Jeff Heidenreich
John Wendland
Julio Ishuzaka
Keri Bloyer
Kevin O'Toole
Kris Helgeson

Kris Goligowski
Kristin Gonzalez
Lucas Reidenbach
Melissa Draack
Michael Heath
Mike Conway
Mike Hagen
Mike Loosbrock
Nels Berge

Nick Nerland
Nick Turco
Pat Horton
Pieter Spitael
Shaun Hastings
Terry Crane
Theresa O'Toole
Tony Novak
Troy Daniels

Thank You!

FAMILY MUSIC PROGRAMS

Music Together

Early Childhood Music and Movement for babies, toddlers, preschoolers and the grownups who love them—with the participation of “grandfriends” from Johanna Shores.

Music Together is an award-winning early childhood music and movement program for children from birth to five and their accompanying adults. Share the joy as you sing, play rhythm instruments and move along with your child or children. Join this joyful experience, research based curriculum that supports children's cognitive, social, physical, verbal and music development. Classes are mixed age so siblings can participate together. Receive an illustrated songbook filled with music making ideas and two matching CD's—one for home and one for on the go. Infants born after January 17, 2016, are free with a paid sibling. All classes are held at Johanna Shores as intergenerational classes, offering participating families and seniors the opportunity to create some wonderful memories together. Contact Clarice at (651)439-4219 or visit the Music Together website at musictogetherclasses.org for more information or specific questions about the classes.

Free Demonstration Class:
Johanna Shores (3200 Lake Johanna Boulevard)

Tuesday, September 13 ♦ 10:15-11:00 am **16FYMT00**

10-Week Fall Course
\$179 first registered child and adult
\$99 additional siblings 8 months and older

Tuesdays ♦ September 20-November 22
Session 1: 10:00 – 10:45 am **16FYMT01**
Session 2: 11:00am - 11:45am **16FYMT02**

All classes held at Johanna Shores (3200 Lake Johanna Boulevard)



EMPLOYMENT OPPORTUNITIES

Now Hiring:

Looking for part-time, seasonal work this fall or winter. Most positions require applicants to be 16 years of age or older. Stop by City Hall for an application, visit our website at www.cityofardenhills.org or call 651.792.7800 for more information. Arden Hills Parks and Recreation is seeking applications for the following positions:

After School Sports Instructors
Youth Soccer Officials
Park Attendants

Evening Sports Skills Instructors
Youth Flag Football Officials

ACTIVE ADULT ACTIVITIES CONTINUED

Computer 101

Learn the basics of computers, navigating the World Wide Web, emailing, social networking, organizing folders, utilizing media and learning quick user tools. I pads, laptops or smart phones are welcome to bring for class. Media is not necessary to have to take this class. \$45 per session

SESSION I: **16FACC00**
Registration Deadline: Thursday, September 1
Mondays ♦ 10:00-11:30 am
September 5 & 12
Arden Hills City Hall

SESSION II: **16FACC01**
Registration Deadline: Tuesday, September 27
Tuesdays ♦ 6:00-7:30 pm
October 4 & 11
Arden Hills City Hall

Freezer Meal Workshop

Come and prepare four ready-to-freeze meals at Arden Hills City Hall. Deanna Parriott, a professional menu planner, will have all the Wildtree natural ingredients for you ready to scoop into your freezer bags! Did you have a busy day . . . ? Grab one of your ready-made meals and follow the cooking instructions we provide! It's that easy! Wildtree's basic idea is that food should be organic, natural, nutritious, delicious, and easy to prepare - all at the same time. Join us for this wonderful class!

16FAFM00
Registration Deadline: Friday, September 30
Friday ♦ 2:00-3:30 pm
October 7
4 meals - \$20
Arden Hills City Hall - Community Room

16FAFM01
Registration Deadline: Monday, October 31
Monday ♦ 1:00-2:30 pm
November 7
4 meals - \$20
Arden Hills City Hall - Community Room



Yoga For All Ages

Tired of large-group exercise? Come experience yoga as "meditation-in-motion" with an experienced instructor offering individual assistance, smaller classes and a sense of humor! YogaHotDish founder and instructor Shaila Cunningham began her practices from Eastern and Western styles. Classes are the most comprehensive around, including: yin, asana, pranayama, core, balances, inversions, and meditation. Whether you are a fitness yogi yearning for more or a beginner wanting a proper introduction, these classes won't disappoint. Bring a yoga mat to class if you have one.

\$110 resident, \$132 non-resident, \$15 drop-in, \$10 students with ID. Please register before first class or fill out a registration form when you arrive.

16FAAYC00
Thursdays ♦ 5:45-7:00 p.m.
September 8-November 17
Arden Hills City Hall



Foot Care Clinic

A licensed and insured healthcare nurse will conduct a foot care clinic by appointment only. Basic foot care provided by Footworks includes: foot soak, removal of minor corns/calluses, nail trim, and massage for circulation. Sign up for this activity in person at the FRONT DESK at City Hall. Monday-Friday, 8:00 am-4:30 pm, to select an appointment time. For additional information, please call 651-792-7845.

\$34 Per Session
1st Wednesday of the Month
Arden Hills City Hall



AARP Driver Safety Program

The AARP Driver Safety Program is designed for motorist's age 55 and older. Upon completion of one of these seminars, you will be entitled to a discount on your auto insurance premium. For the first time, one attends the 8-hour seminar. To retain the insurance premium discount, everyone should attend the 4-hour refresher seminar every 3 years. Please bring your current driver's license with you. Registration deadline is 3 days prior to the class. ***This rate includes an Arden Hills administration fee. AARP member cards must be presented at the time of registration to qualify for member rates.***

\$20 AARP rate, \$25 non-member rate

8-Hour Course (must be taken first)
Wednesday & Thursday **16FAAD02**
5:30-9:30 pm, October 19 & 20
Arden Hills City Hall

4-Hour Day Course
9:00am-1:00 pm
Tuesday, September 6
Wednesday, October 12
Thursday, November 10
Arden Hills City Hall

16FAAD00
16FAAD01
16FAAD03



REGISTRATION FORM -- City of Arden Hills, 1245 West Highway 96, Arden Hills, MN 55112

Participant's Name: _____ Gender: _____ Date of Birth: _____
 Address: _____ City: _____ Zip: _____
 Home Phone: _____ Work Phone: _____ Cell Phone: _____
 School: _____ Email: _____ Grade in 2016-2017 School Year: _____

Activity Name: _____	Activity Name: _____	Activity Name: _____
Activity Code: _____	Activity Code: _____	Activity Code: _____
Start Date: _____ Fee: _____	Start Date: _____ Fee: _____	Start Date: _____ Fee: _____
Location: _____	Location: _____	Location: _____

Please make check payable to the City of Arden Hills.

Totals: _____

Refund Policy: No refunds are made except when a class is cancelled or approval is given by the Arden Hills Parks and Recreation Department. Partial credit will be considered if cancellation is due to injury or serious illness. Refunds will be issued in the form of a credit voucher only and must be used within a year of issue date. The registrant will be assessed a \$5.00 administrative fee for all refund/voucher requests. Cancellations initiated by Parks & Recreation will not be assessed the \$5.00 fee.

Waiver of Liability: I, the undersigned, or my child, in consideration of being permitted to participate in the activity, do hereby agree to hold harmless the City of Arden Hills and its employees and agents from any and all liability for personal injury which may result from participating in this activity. This waiver includes any injuries which may result from the conditions of the playing field and any improvements thereto.

Tennessen Warning: The information requested on the registration form will be used to verify eligibility and determine staff, facility, and equipment needs. You/Your child's name, age, grade level, address, telephone number, and health information will be provided to city staff, volunteers, the city attorney, insurer, and auditor.

Although you are not legally required to disclose this information, failure to do so will prevent you/your child from participating in the program.

Parent/Guardian Signature: _____ Date: _____

Print Parent/Guardian Name: _____

Special Requests: _____

Please Help Coach! If you sign up to coach (for sport leagues, not classes) your child's sport registration is free. (One child per team coached.)

I will help coach. Sport _____ Name _____ Phone# _____

Youth Shirt Sizes: (Leagues & Camps) YS (6/8) YM (10/12) YL (14/16) AS AM AL

REGISTRATION FORM -- City of Arden Hills, 1245 West Highway 96, Arden Hills, MN 55112

Participant's Name: _____ Gender: _____ Date of Birth: _____
 Address: _____ City: _____ Zip: _____
 Home Phone: _____ Work Phone: _____ Cell Phone: _____

Activity Name: _____	Activity Name: _____	Activity Name: _____
Activity Code: _____	Activity Code: _____	Activity Code: _____
Start Date: _____ Fee: _____	Start Date: _____ Fee: _____	Start Date: _____ Fee: _____
Location: _____	Location: _____	Location: _____

School: _____ Email: _____ Grade in 2016-2017 School Year: _____

Please make check payable to the City of Arden Hills.

Totals: _____

Refund Policy: No refunds are made except when a class is cancelled or approval is given by the Arden Hills Parks and Recreation Department. Partial credit will be considered if cancellation is due to injury or serious illness. Refunds will be issued in the form of a credit voucher only and must be used within a year of issue date. The registrant will be assessed a \$5.00 administrative fee for all refund/voucher requests. Cancellations initiated by Parks & Recreation will not be assessed the \$5.00 fee.

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Although you are not legally required to disclose this information, failure to do so will prevent you/your child from participating in the program.

Parent/Guardian Signature: _____ Date: _____

Print Parent/Guardian Name: _____

Special Requests: _____

Please Help Coach! If you sign up to coach (for sport leagues, not classes) your child's sport registration is free. (One child per team coached.)

Youth Shirt Sizes: (Leagues & Camps) YS (6/8) YM (10/12) YL (14/16) AS AM AL

REGISTRATION IS EASY!

ONLINE

REGISTRATION CONFIRMATION

Confirmations will be issued only by request. Online confirmation is automatic.



Mailed Confirmation:

Include a self-addressed, stamped envelope with your registration form.



Electronic Confirmation:

Include your email address and request this on your registration form.

PHOTO/VIDEO DISCLAIMER

The City of Arden Hills may periodically take pictures or videotapes of participants while they are engaged in programs, activities, special events, enjoying our parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, local cable television and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.

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REGISTER EARLY!

Waiting until the last minute to register can cause class cancellations—please register early!

Go to:

www.cityofardenhills.org
(Parks & Recreation/Program Registration)

MAIL IN

City of Arden Hills
1245 West Highway 96
Arden Hills, MN 55112
Phone: 651-792-7800
FAX: 651-634-5137

We must receive your payment within 48 hours of a faxed registration or the registration will be voided.

IN PERSON

During City Hall hours 8:00 am thru 4:30 pm, Monday-Friday unless otherwise noted.

DROP BOX

Located on the wall by the main entrance, registrations can be dropped off here during non-business hours.

REGISTRATION IS EASY!

ONLINE

REGISTRATION CONFIRMATION

Confirmations will be issued only by request. Online confirmation is automatic.



Mailed Confirmation:

Include a self-addressed, stamped envelope with your registration form.



Electronic Confirmation:

Include your email address and request this on your registration form.

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The City of Arden Hills may periodically take pictures or videotapes of participants while they are engaged in programs, activities, special events, enjoying our parks or other facilities. Please note that these photos may appear in city brochures and publications, local newspapers, local cable television and/or on the city web page. If you or your family members do not wish to be photographed or published, you must give written notice.

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We must receive your payment within 48 hours of a faxed registration or the registration will be voided.

IN PERSON

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DROP BOX

Located on the wall by the main entrance, registrations can be dropped off here during non-business hours.

MAP

OFFICE INFORMATION

Office Hours

Monday–Friday, 8:00 am–4:30 pm
(unless otherwise indicated)

Phone Number

651-792-7800

Fax Number

651-634-5137

Mailing Address

Arden Hills City Hall
1245 West Highway 96
Arden Hills, MN 55112

Parks & Recreation Mission Statement

The Arden Hills Parks & Recreation Department is dedicated to serving the people of Arden Hills by providing a comprehensive, well maintained system of parks, trails, facilities and open spaces, and a balanced, well organized program of affordable recreational activities.

Parks & Recreation Staff

Sara Grant, Parks & Recreation Coordinator
Aaron Thelen, Recreation Programmer

Parks, Trails and Recreation Committee (PTRC)

Rich Straumann, Committee Chair
Josh Bloyer, Committee Member
Keri Bloyer, Committee Member
Terry Finlay, Committee Member
Chuck Michaelson, Committee Member
Nancy O'Malley, Committee Member
Harold Petersen, Committee Member
Steve Scott, Committee Member
John Van Valkenburg, Committee Member
Fran Holmes, Council Liaison



Arden Hills City Hall
1245 West Highway 96
Arden Hills, MN 55112

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Permit No. 1962

RESIDENTIAL CUSTOMER

Athletic Association Information

Baseball

Shoreview Area Youth Baseball
www.sayb.org

Irondale Baseball Association
www.geocities.com/ibl_baseball/

Basketball

Mounds View Basketball Association
Hotline: 651-631-1943
www.moundsviewbasketball.com

Football

Mounds View Youth Football League
www.moundsviewyouthfootball.org

Hockey

Irondale Youth Hockey Association
www.ihhaleague.org

Mounds View Hockey Association
www.mvhockey.org

Rugby

Mounds View Rugby Club
Hotline: 612-656-0518
www.moundsviewrugbyclub.com

Soccer

North Suburban Soccer Association
www.nssasoccer.org

Softball

Irondale Girls Fastpitch
www.knightsfastpitch.org

Mounds View Softball Association
www.mvsafastpitch.org

Swimming

North Suburban Aquatic Club
ww.nsmakos.org

Wrestling

Iron Mustang Wrestling
612-590-2114
www.ironwrestling.com

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